



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 10:00 Aerobics 11:00 Word Game 2:00 Baking 4:00 I Love Lucy 6:00 Bingo	<b>2</b> Ice Cream Scoop Day 10:15 Morning Stretch 11:00 Trivia 1:30 Resident Council 2:00 Ice Cream Cone Social 3:00 Manicures and Music 6:00 Crafts <small>Groundhog Day</small>	<b>3</b> 10:00 Word Game 11:00 Aerobics 2:00 Doug Bishop Entertains 3:30 Bingo 6:00 Movie Night	<b>4</b> 10:15 Morning Stretch 11:00 News and Views 2:00 Wii Bowling 3:00 Communion & Rosary	<b>5</b> 10:00 Aerobics 11:00 Word Game 1:30 Brain Fitness 2:00 Happy Hour 3:00 Movie 6:00 Art Group 7:30 Book Club	<b>6</b> 10:00 Movie 1:15 Ice Cream Social 2:00 Bingo 3:30 Manicures
<b>7</b> 10:00 Church on TV 11:00 Game Show 2:00 Art Group 3:00 Trivia	<b>8</b> National Jello Day 10:00 Aerobics 11:00 Word Game 2:00 Baking/ Jello Cake 4:00 Red Skelton Show 6:00 Bingo	<b>9</b> 10:15 Morning Stretch 11:00 Trivia 2:00 Left, Right & Center 3:00 Manicures and Music 6:00 Crafts/Mardi Gras Masks	<b>10</b> Chocolate Kiss Day 10:00 Word Game 11:00 Aerobics 2:00 Mass 2:30 Making Chocolate Kiss Candy 3:00 Bingo 6:00 Movie	<b>11</b> 10:00 Music Therapy 10:30 Yoga 2:00 Wii Bowling 3:00 Communion & Rosary	<b>12</b> 10:00 Aerobics 11:00 Word Game 12:00 sweet Heart Lunch 1:30 Brain Fitness 2:00 Happy Hour 3:00 Movie 6:00 Art Group	<b>13</b> 10:00 Movie 1:15 Ice Cream Social 2:00 Bingo 3:30 Manicures
<b>14</b> 10:00 Church on TV 11:00 Game Show 2:00 Valentines Entertainment with Peter Ole 3:15 Valentine Trivia <small>Valentine's Day Chinese New Year</small>	<b>15</b> 10:00 Aerobics 11:00 President's day trivia 2:00 Baking 4:00 I Love Lucy 6:00 Bingo <small>Presidents' Day</small>	<b>16</b> 10:15 Morning Stretch 11:00 Trivia 2:00 Mardi Gras Social 6:00 Crafts <small>Mardi Gras</small>	<b>17</b> 10:00 Word Game 11:00 Aerobics 11:00 Lunch Out 2:00 Bingo 4:00 Game Show 6:00 Movie	<b>18</b> 10:15 Morning Stretch 11:00 News and Views 2:00 Wii Bowling 3:00 Communion & Rosary	<b>19</b> 10:00 Aerobics 11:00 Word Game 1:30 Brain Fitness 2:00 Meg Johnson On Piano 3:00 Movie 6:00 Art Group 7:30 Book Club	<b>20</b> 10:00 Movie 1:15 Ice Cream Social 2:00 Bingo 3:30 Manicures
<b>21</b> 10:00 Church on TV 11:00 Game Show 2:00 Art Group 3:00 Trivia	<b>22</b> 10:00 Aerobics 11:00 Bird trivia 2:00 Birds of the Northeast Presentation 4:00 Lawrence Welk 6:00 Bingo	<b>23</b> 10:15 Morning Stretch 11:00 Trivia 2:00 Left, Right & Center 3:00 Manicures and Music 6:00 Crafts	<b>24</b> 10:00 Word Game 11:00 Aerobics 2:00 Bingo 4:00 Game Show 6:00 Movie	<b>25</b> 10:00 Music Therapy 11:00 News and Views 2:00 Wii Bowling 3:00 Communion & Rosary	<b>26</b> 10:00 Aerobics 10:45 Katie Hanson Entertains 1:30 Brain Fitness 2:00 Birthday Party 3:00 Movie 6:00 art Group 7:30 Book Club	<b>27</b> 10:00 Movie 1:15 Ice Cream Social 2:00 Bingo 3:30 Manicures
<b>28</b> 10:00 Church on TV 11:00 Game Show 2:00 Art Group 3:00 Trivia	 <h1 style="color: #800000;">February 2010</h1> <h2 style="color: #800000;">BELKNAP AND STRAFFORD ACTIVITIES</h2> 