

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Church Service on TV 11:00 Game Show 2:00 Art Group 3:00 Sunday Movie	10:00 Aerobics 11:00 Trivia 2:00 Brain Fitness 2:00 Entertainment/ Bill Parker 3:00 Chair Volleyball 4:00 Game show 6:00 Bingo	10:00 Morning Stretch 11:00 Cliché Time 2:00 Brain Fitness 2:00 Hot Cocoa & Cookie Social 3:00 Word Game 4:00 Animal planet	10:00 Morning stretch 11:00 Word Game 2:00 Brain Fitness 2:00 Bingo 3:00 Wii Games 4:00 Shake loose a memory 6:00 Popcorn & Movie	10:00 Aerobics 11:00 Trivia 1:30 Manicures 2:00 Baking/ Cupcakes 3:00 Communion/ Rosary 6:00 I love Lucy	10:00 Yoga 11:00 Word Game 1:30 Brain Fitness 2:00 Bingo 3:30 Movie 6:00 Board Game	10:00 Movie 1:15 Ice cream Social 2:00 Left, Right and Center 3:00 Sing Along 4:00 Animal Planet
10:00 Church Service on TV 11:00 Game Show 2:00 Art Group 3:00 Sunday Movie	10:00 Aerobics 11:00 Trivia 2:00 Brain Fitness 2:00 Dianne's Golden Oldies 3:00 Chair Volleyball 4:00 Game show	10:00 Morning Stretch 11:00 Cliché Time 2:00 Brain Fitness 2:00 Hot Cocoa Social 3:00 Word Game 4:00 Animal planet	10:00 Aerobics 11:00 Word Game 12:00 Pizza Party 2:00 Mass 3:00 Veteran's Day Social/ Trivia 4:00 Shake loose a Memory 6:00 Movie <small>Veterans Day Remembrance Day</small>	10:00 Morning stretch 11:00 Trivia 1:30 Manicures 3:00 Communion/ Rosary 6:00 I love Lucy	10:00 Aerobics 11:00 Word Game 1:30 Brain Fitness 2:00 Entertainment 3:30 Movie 6:00 Board Game	10:00 Movie 1:15 Ice cream Social 2:00 Gingerbread Competition 3:00 Sing Along 4:00 Animal Planet
10:00 Church Service on TV 11:00 Game Show 2:00 Art Group 3:00 Sunday Movie	10:00 Aerobics 11:00 Trivia 2:00 Brain Fitness 2:00 Crafts 3:00 Chair Volleyball 4:00 Game show 6:00 Bingo	10:00 Morning Stretch 11:00 Cliché Time 2:00 Brain Fitness 2:00 Hot Cocoa Social 3:00 Word Game 4:00 Animal planet	10:00 Morning stretch 11:00 Word Game 2:00 Brain Fitness 2:00 Bingo 3:00 Wii Games 4:00 Shake loose a memory 6:00 Popcorn & Movie	10:00 Morning Stretch 11:00 Trivia 1:30 Manicures 2:00 Baking for Craft Fair 3:00 Communion/ Rosary 6:00 I love Lucy	10:00 Aerobics 11:00 Word Game 1:30 Baking for craft fair 2:00 Bingo 3:30 Movie 6:00 Board Game	9:00 Craft fair 10:00 Movie 1:15 Ice cream Social 2:00 Left, Right and Center 3:00 Sing Along 4:00 Animal Planet
10:00 Church Service on TV 11:00 Game Show 2:00 Art Group 3:00 Sunday Movie	10:00 Aerobics 11:00 Trivia 2:00 Brain Fitness 2:00 Crafts 3:00 Chair Volleyball 4:00 Game show 6:00 Bingo	10:00 Morning Stretch 11:00 Lunch out 2:00 Brain Fitness 2:00 Hot Cocoa Cookie Social 3:00 Word Game 4:00 Animal planet	10:00 Morning stretch 11:00 Word Game 2:00 Brain Fitness 2:00 Bingo 3:00 Wii Games 4:00 Shake loose a memory 6:00 Popcorn & Movie	10:00 Macy's Day Parade 12:00 Thanksgiving Dinner 2:00 Movie/ It's a wonderful Life 6:00 I love Lucy <small>Thanksgiving Day</small>	10:00 Aerobics 11:00 Word Game 1:30 Brain Fitness 2:00 Bingo 3:30 Movie 6:00 Board Game	10:00 Movie 1:15 Ice cream Social 2:00 Left, Right and Center 3:00 Sing Along 4:00 Animal Planet
10:00 Church Service on TV 11:00 Game Show 2:00 Art Group 3:00 Sunday Movie	10:00 Aerobics 11:00 Trivia 2:00 Brain Fitness 2:00 Crafts 3:00 Chair Volleyball 4:00 Game show 6:00 Bingo	 <h1 style="font-size: 4em; color: #8B4513; margin: 0;">November 2009</h1> <h2 style="font-size: 2em; color: #8B4513; margin: 0;">THE ARBORS OF BEDFORD</h2> 				