



National Assisted Living Week: September 7-13th

National Assisted Living Week celebrates the exceptional involvement of families, providers, volunteers, and individuals from the local community who foster a truly caring spirit. The week also spotlights the crucial role assisted living facilities play in helping our nation's elderly to live as independently as possible while enjoying a meaningful quality of life.

Nearly one million seniors and individuals with disabilities in 38,000 assisted living residences nationwide will celebrate the 14th Annual National Assisted Living Week, which begins on Grandparents Day, Sunday September 7 and runs through September 13.

This year's theme is "Filling Life With Love" and you are invited to join the celebration. Sunday, September 7 at 8:00 am, The Arbors of Bedford, a specialized assisted living facility for individuals with memory impairments, will host a Pancake Breakfast and Antique Car show. At 11:00 am, the trophy for "The People's Choice Award" will be made to the favorite automobile. Admission is free...donations to the Alzheimer's Association are welcome!

If we look back on our lives, the fondest memories are often associated with events that happen with our family, friends and community. Life's fondest moments are cherished, and new memories are created when people who care about each other celebrate events. For those individuals with memory impairments such as Alzheimer's disease, vascular dementia, or Parkinson's disease, memories may be fleeting, but still provide rewarding opportunities to enjoy a quality of life.

Assisted living was founded on the principle of delivering care and services based on each individual's needs and desires. These services also enhance the resident's emotional, intellectual, physical, social, and spiritual well-being. By providing assistance and specialized care, each individual can live as independently as possible. At the Arbors, all staff members are specially trained in dementia care. The facility as well as the daily programs and volunteers are all integral parts of the care needed by those with memory impairments.

Through care giving, staff members build close relationships with residents. Family members and friends are integral in daily life. Volunteers read to residents, play music and games, or just hold hands and listen. High School students have even taught our residents to use the Wii system and keep them challenged and entertained.

The "Filling Life With Love" theme celebrates and pays tribute to the exceptional involvement of all providers, families, volunteers and individuals from the surrounding community. We invite you to participate in the "Filing Life With Love" celebration. To learn more, we encourage you to contact The Arbors of Bedford at 647-9300. Moments of shared laughter and fun benefit everyone involved, and create new cherished moments to remember.