



Health Care Professionals :Save the Date!!!

“CREATIVE AGING” Thursday, May 15, 2008

at The Arbors of Bedford Please RSVP 647-9300

Presented by:

Lenore Woodley, RN, MSN, CEAP,
Advantages Consulting, LLC.

8:00am Breakfast 8:30am-10:30am Presentation

Join us as we explore the experience of aging during the senior years. We will discuss factors that influence an individual's predisposition to illness and infirmity, as well as assessment criteria for identifying potential challenges and areas for preventive health and personal growth. Current research, physical, psychosocial and spiritual issues will be explored as well as the significance of one's attitude and life skills. Participants will draw upon professional experiences to discuss creative interventions for enriching the experiences of their clients in preparation for and during this most significant life passage.

Objectives:

- To identify psychosocial assessment parameters that may affect aging adults
- To describe principles of creative aging
- To discuss creative strategies for intervening with clients during the aging process

2 Hours of Continuing Education for Nurses and Social Workers!

LENORE WOODLEY, is a counselor, trainer, and coach, specializing in adult health and life transition issues. Lenore is a graduate of Boston College, where she received a Bachelor's and Master's Degree in Nursing. She has also completed advanced graduate study in Counseling Psychology at Northeastern University and is a Certified Employee Assistance Professional. Lenore is a principle in Advantages Consulting, LLC, of Mansfield MA, which provides Employee Assistance Programs, educational and other services to corporations, health care organizations and municipalities throughout New England.