

# THE ARBORS OF BEDFORD

FEBRUARY 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 10:00 Manicures 10:30 Judy's Aerobics 11:30 Lunch 1:00 Daily Discussion 2:00 Refreshments 2:30 Trivia 3:00 Rosary 3:30 Short Stories 4:00 Hand Massage 5:00 Supper 6:00 Movie Night	<b>2</b> 10:00 Refreshment 10:30 Movie 11:30 Lunch 1:15 Ice Cream Social 2:00 Daily Discussion 2:30 Trivia 3:00 Music with Billie 5:00 Supper
<b>3</b> 10:00 Refreshment 10:30 Movie 11:30 Lunch 1:00 Daily Discussion 1:30 Trivia 2:00 Special Snack 2:30 Exercise 3:00 Sing-a-Long 4:30 Hand Massage 5:00 Supper	<b>4</b> 10:00 Manicures 10:30 Judy's Aerobics 11:30 Lunch 1:00 Resident Council 2:00 Special Snack 2:30 Daily Discussion 3:00 Trivia 4:30 Relaxation 5:00 Supper 6:00 Game Night (MICHIGAN RUMMY)	<b>5</b> 10:00 Refreshment 10:30 Exercise with Sue 11:00 Daily Discussion 11:30 Lunch 1:00 Baking Group 2:00 Refreshment 3:00 Sing-a-Long 4:00 Relaxation 5:00 Supper 6:00 Knitting Group	<b>6</b> 10:00 Manicures 10:30 Judy's Aerobics 11:30 Lunch 1:00 Daily Discussion 2:00 Refreshment 2:30 Monthly Trivia 3:00 Letter List 5:00 Supper 6:00 Movie Night	<b>7</b> 10:00 Exercise with Sue 10:30 Refreshment 11:00 Daily Discussion 11:30 Lunch 1:00 Name that Tune 2:00 Float Day 3:00 Manicures 4:00 Relaxation 5:00 Supper	<b>8</b> 10:30 Judy's Aerobics 11:30 Lunch/Outing 1:00 Little Rascals 2:00 Refreshment 3:00 Rosary 3:30 Manicures 5:00 Supper 6:00 Movie Night	<b>9</b> 10:00 Refreshment 10:30 Lawrence Welk Videos 11:30 Lunch 1:15 Ice Cream Social 2:00 Daily Discussion 2:30 Monthly Gazette 3:00 Exercise 3:30 Music with Billie 5:00 Supper
<b>10</b> 10:00 Refreshments 10:30 Movie 11:30 Lunch 1:00 Daily Discussion 1:30 Trivia 2:00 Peter Ole 3:00 Refreshment 3:30 Short Stories 4:30 Hand Massage 5:00 Supper	<b>11</b> 10:00 Refreshment 10:30 Judy's Aerobics 11:30 Lunch 1:00 Daily Discussion 2:00 Happy Hour 3:00 Trivia 3:30 Sing-a-Long 4:30 Relaxation 5:00 Supper 6:00 Game Night (BINGO)	<b>12</b> 10:00 Refreshment 10:30 Exercise with Sue 11:00 Daily Discussion 11:30 Lunch 1:00 Boggle 2:00 Refreshment 3:00 What Am I 4:00 Grinder Prep 5:00 Grinder Night 6:00 Knitting Group	<b>13</b> 10:00 Manicures 10:30 Judy's Aerobics 11:30 Lunch 1:00 Daily Discussion 2:00 Catholic Mass 2:30 Refreshment 3:00 Game Show Network 5:00 Supper 5:30 Sweetheart Dinner (Special Invitation) 6:00 Movie Night	<b>14</b> 10:00 Exercise with Sue 10:30 Refreshment 11:00 Daily Discussion 11:30 Lunch 1:00 Baking Group 2:00 Special Snack 3:00 Name That Memory 4:00 Relaxation 5:00 Supper	<b>15</b> 10:30 Judy's Aerobics 11:30 Lunch/Activity Grill (PIZZA) 1:00 Daily Discussion 2:00 Doug Rickard 2:30 Refreshment 3:00 Rosary 3:30 Manicures 5:00 Supper 6:00 Movie Night	<b>16</b> 10:00 Refreshments 10:30 Game Show Network 11:30 Lunch 1:15 Ice Cream Social 2:00 Daily Discussion 2:30 Trivia 3:00 Music with Billie 5:00 Supper
<b>17</b> 10:00 Refreshment 10:30 Movie 11:30 Lunch 1:00 Daily Discussion 1:30 Trivia 2:00 Refreshment 2:30 Exercise 3:30 Short Stories 4:30 Hand Massage 5:00 Supper	<b>18</b> 10:30 Judy's Aerobics 11:30 Lunch 1:00 Baking Group 2:00 Refreshment 2:30 Arts & Crafts 4:00 Relaxation 5:00 Supper 6:00 Game Night (POKENO)	<b>19</b> 10:00 Coffee Social 11:00 Daily Discussion 11:30 Lunch 1:00 Boggle 2:00 Refreshment 2:30 Trivia 3:30 Manicures 5:00 Supper 6:00 Knitting Group	<b>20</b> 10:00 Manicures 10:30 Judy's Aerobics 11:30 Lunch 1:15 Pastor John 2:00 Float Day 3:00 Sing-a-Long 4:00 Relaxation 5:00 Supper 6:00 Movie Night	<b>21</b> 10:00 Exercise with Sue 10:30 Refreshment 11:00 Daily Discussion 11:30 Lunch 1:00 Cooking Club 2:00 Refreshments 5:00 Supper Club	<b>22</b> 10:30 Judy's Aerobics 11:30 Lunch/Outing 1:00 I Love Lucy 2:00 Refreshments 3:00 Rosary 3:30 Manicures 5:00 Supper 6:00 Movie Night	<b>23</b> 10:00 Refreshment 10:30 Religious Services 11:30 Lunch 1:15 Ice Cream Social 2:00 Daily Discussion 2:30 Trivia 3:00 Music with Billie 5:00 Supper
<b>24</b> 10:00 Refreshment 10:30 Movie 11:30 Lunch 1:00 Daily Discussion 1:30 Make em Laugh 2:00 Refreshment 2:30 Monthly Trivia 3:00 Short Stories 4:00 Relaxation 5:00 Supper	<b>25</b> 10:30 Judy's Aerobics 11:30 Lunch 1:00 Baking Group 2:00 Refreshment 2:30 Daily Discussion 3:00 Flora Flaunna 3:30 Manicures 5:00 Supper 6:00 Game Night (BINGO)	<b>26</b> 10:00 Refreshment 10:30 Exercise with Sue 11:00 Daily Discussion 11:30 Lunch 1:00 Trivia 2:00 Refreshment 2:30 Letter List 4:00 Grinder Prep 5:00 Grinder Night 6:00 Knitting Group	<b>27</b> 10:00 Manicures 10:30 Judy's Aerobics 11:30 Lunch 1:00 Sing-a-Long with Billie 2:00 Refreshment 3:00 Manicures 5:00 Supper 6:00 Movie Night	<b>28</b> 10:00 Refreshment 10:30 Exercise with Sue 11:00 Daily Discussion 11:30 Lunch 1:00 Boggle 2:00 Refreshment 2:30 Poetry Group 4:00 Hand Massage 5:00 Supper	<b>29</b> 10:00 Manicures 10:30 Judy's Aerobics 11:30 Lunch 1:00 Daily Discussion 2:00 Birthday Party 2:30 Arts & Crafts 4:00 Relaxation 5:00 Supper 6:00 Movie Night	