

THE ARBORS OF BEDFORD

DECEMBER 2007

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|--|---|--|
|  | |  | |  | | <p>1</p> <p>10:00 Refreshment 10:30 Game Show Network 11:30 Lunch 1:15 Ice Cream Social 2:00 Daily Discussion 2:30 Exercise 3:00 Letter List Game 4:00 Music with Billie 5:00 Supper</p> |
| <p>2</p> <p>10:00 Refreshment 10:30 Movie 11:30 lunch 1:00 Daily Discussion 1:30 Trivia 2:00 Refreshment 2:30 Sing & Swing 3:00 Short Stories 3:30 Make em Laugh 4:00 Hand Massage 5:00 Supper</p> | <p>3</p> <p>10:00 Judy's Aerobics 11:00 Daily Discussion 11:30 Lunch 1:00 Christmas Tree Decorating 2:00 Doug Rickard 2:30 Refreshments 3:00 Manicures 5:00 Supper 6:00 Mystery Ride</p> | <p>4</p> <p>10:00 Refreshment 10:30 Exercise with Sue 11:00 Daily Discussion 11:30 Lunch 1:00 Games 2:00 Refreshment 2:30 Who Am I 3:00 Crafts 4:00 Grinder Prep 5:00 Grinder Night</p> | <p>5</p> <p>10:00 Judy's Aerobics 11:00 Daily Discussion 11:30 Lunch 1:00 Trivia 2:00 Happy Hour 3:00 Crafts 4:00 Hand Massage 5:00 Supper 6:00 Musical Movie Night</p> | <p>6</p> <p>10:00 Refreshment 10:30 Exercise with Sue 11:00 Daily Discussion 11:30 Lunch 1:00 Games 2:00 Refreshment 3:00 Lawrence Welk Videos 3:30 Relaxation 4:00 Family Christmas Party</p> | <p>7</p> <p>10:00 Judy's Aerobics 11:00 Daily Discussion 11:30 Lunch/Outing 1:00 Game Show Network 2:00 Refreshment 3:00 Rosary 3:30 Trivia 4:00 Short Stories 5:00 Supper 6:00 Ladies Night</p> | <p>8</p> <p>10:00 Refreshments 10:30 Movie 11:30 Lunch 1:15 Ice Cream Social 2:00 Daily Discussion 2:30 Trivia 3:00 Music with Billie 5:00 Supper</p> |
| <p>9</p> <p>10:00 Refreshment 10:30 Lawrence Welk Videos 11:30 Lunch 1:00 Daily Discussion 1:30 Exercise 2:00 Refreshment 2:30 Boggle 3:30 Sing - A - Long 4:40 Relaxation 5:00 Supper</p> | <p>10</p> <p>10:00 Judy's Aerobics 11:00 Daily Discussion 11:30 Lunch 1:00 You Be The Judge 2:00 Refreshment 2:30 Wheel Of Fortune 3:30 Manicures 4:00 Hand Massage 5:00 Supper 6:00 Game Night</p> | <p>11</p> <p>10:00 Refreshment 10:30 Exercise with Sue 11:00 Daily Discussion 11:30 Lunch 1:00 Trivia 2:00 Happy Hour 3:00 Whar Am I 3:30 It's Trivial 5:00 Supper</p> | <p>12</p> <p>10 Judy's Aerobics 11:00 Daily Discussion 11:30 Lunch 1:00 Trivia 2:00 Catholic Mass 2:30 Refreshment 3:00 Manicures 5:00 Supper 6:00 Musical Movie Night</p> | <p>13</p> <p>10:00 Refreshment 10:30 Exercise with Due 11:00 Daily Discussion 11:30 Lunch 1:00 Boggle 2:00 Katie Hanson 2:30 Refreshment 3:00 You Be The Judge 3:30 Sing - A - Long 4:00 Relaxation 5:00 Supper</p> | <p>14</p> <p>10:00 Judy's Aerobics 11:00 Daily Discussion 11:30 Lunch 1:00 Flora Flauna 2:00 Refreshment 3:00 Rosary 3:30 Front Porch 3:30 Supper 6:00 Movie Night</p> | <p>15</p> <p>10:00 Refreshment 10:30 Movie 11:30 Lunch 1:15 Ice Cream Social 2:00 Daily Discussion 2:30 Exercises 3:00 Wheel of Fortune 4:00 Music with Billie 5:00 Supper</p> |
| <p>16</p> <p>10:00 Refreshment 10:30 Game Show Network 11:30 Lunch 1:00 Daily Discussion 1:30 Make em Laugh 2:00 Peter Ole 3:00 Refreshment 3:30 Monthly Trivia 4:00 Short Stories 5:00 Supper</p> | <p>17</p> <p>10:00 Judy's Aerobics 11:00 Daily Discussion 11:30 Lunch 1:00 Boggle 2:00 Sue Snack 2:30 Trivia 3:00 Front Porch 3:30 Manicures 5:00 Supper 6:00 Girl Scouts</p> | <p>18</p> <p>10:00 Refreshment 10:30 Exercise with Sue 11:00 Daily Discussion 11:30 Lunch 1:00 Trivia 2:00 Boggle Seniors 3:00 Letter List Game 4:00 Grinder Prep 5:00 Grinder Night</p> | <p>19</p> <p>10:00 Judy's Aerobics 11:00 Daily Discussion 11:30 Lunch 1:15 Pastor John 1:30 Sing-a-Long 2:00 Refreshment 2:30 Crafts 5:00 Supper 6:00 Movie</p> | <p>20</p> <p>10:00 Refreshments 10:30 Exercise with Sue 11:00 Daily Discussion 11:30 Lunch 1:30 Activity Grill Lunch 1:00 Movie 2:00 Refreshment 3:00 Hand Massage 5:00 Supper</p> | <p>21</p> <p>10:00 Aerobics with Judy 11:00 Daily Discussion 11:30 Lunch 1:00 Sing-A-Long 2:00 Special Snack 3:00 Rosary 3:30 Manicures 5:00 Supper 6:00 Ladies Night</p> | <p>22</p> <p>10:00 Refreshment 10:30 Religious Services 11:00 Television 11:30 Lunch 1:15 Ice Cream Social 2:00 Daily Discussion 2:30 Letter List Game 3:30 Exercise 5:00 Supper</p> |
| <p>23</p> <p>10:00 Refreshments 10:30 Movie 11:30 Lunch 1:00 Daily Discussion 1:30 Make em Laugh 2:00 Refreshment 2:30 Monthly Trivia 3:00 Short Stories 4:00 Relaxation 5:00 Supper</p> | <p>24</p> <p>10:00 Aerobics with Judy 11:00 Daily Discussion 11:30 Lunch 1:00 Boggle 2:00 Refreshment 2:30 Trivia 3:00 Front Porch 3:30 Manicures 5:00 Supper 6:00 Resident Christmas Party</p> | <p>25</p> <p>MERRY CHRISTMAS 10:00 Refreshment 10:30 Game Show Network 11:30 Lunch 1:00 Trivia 2:00 Refreshment 2:30 Letter List Game 3:30 Hand Massage 4:00 Short Stories 5:00 Supper</p> | <p>26</p> <p>10:00 Aerobics with Judy 11:00 Daily Discussion 11:30 Lunch 1:00 Sing-A-Long 2:00 Dorothy Stratton 3:00 Refreshment 3:30 Manicures 5:00 Supper 6:00 Movie</p> | <p>27</p> <p>10:00 Refreshment 10:30 Exercise with Sue 11:00 Daily Discussion 11:30 Lunch 1:00 Movie 2:00 Special Snack 3:00 Manicures 5:00 Supper</p> | <p>28</p> <p>10:00 Judy's Aerobics 11:00 Daily Discussion 11:30 Lunch 1:00 Boggle 2:00 Birthday Party 3:00 Manicures 4:00 Hand Massage 5:00 Supper</p> | <p>29</p> <p>10:00 Refreshment 10:30 Lawrence Welk Videos 11:30 Lunch 1:15 Ice Cream Social 2:00 Daily Discussion 2:30 Trivia 3:00 Exercise 3:30 Manicures 4:00 Music with Billie 5:00 Supper</p> |
| <p>30</p> <p>10:00 Refreshment 10:30 Movie 11:30 Lunch 1:00 Daily Discussion 1:30 Make em Laugh 2:00 Refreshment 2:30 Trivia 3:00 Boggle 4:00 Relaxation 5:00 Supper</p> | <p>31</p> <p>10:00 Aerobics with Judy 11:00 Daily Discussion 11:30 Lunch 1:00 Boggle 2:00 Refreshment 2:30 Trivia 3:00 Front Porch 3:30 Manicures 5:00 Supper 6:00 Game Night</p> |  | |  |  |  |